



Tips for Managing Career Crisis

- Remind yourself continuously that there is something in those around you that you have not yet discovered
- Always allow others room to turnaround
- Collect receipts for everything you buy and make notes of them
- Verify every instruction
- Respect and protect the schedule and agenda of others
- Dress the way you want to feel instead of how you are presently feeling
- Invest whatever is necessary to create the atmosphere that motivates you
- See rejection as a door, not a wall
- Take a walk one hour a day or a jog a few hours a day
- Remind yourself continuously that others near you are hurting inside
- Respect and protect the schedule and agenda of others
- Always close the doors gently. Never burn bridges
- Manage vital work relationships well
- Career crisis situation
- Pursue qualified mentors. Listen to mentorship tapes regularly
- Never make important decisions when angry or too tired
- Never discuss what you want someone else to forget
- Learn from the best not only the accessible
- Be more knowledgeable of the most important success books
- Walk away from unnecessary conflicts